



## Newsletter - October 2020

Dear parents and carers,

Welcome to Meithrinfa Sêr Môr Beaumaris!

Firstly, I would like to thank everyone for their patience as we get going again after lockdown, and for abiding by social distancing so well.

As we are going through a stage of improvements, it is going to be a very busy few months and I cannot wait to share all of our plans with you. On the next page we have our new menus for both Breakfast Club and snack, as well as our plans for the coming months..

Kind regards,

Rebecca

### Our Journey to School Readiness

We understand that the transition from Meithrinfa to Reception can be a big leap. This is why we are dedicated to giving the children access to focused activities that help build their skills ready for starting school. Each child has a Journal that they will stick photos and examples of their work to look back on how they've progressed.

#### October's School Readiness focus is: **Building Social Skills.**

We will be focusing on

- ✓ Sharing toys with our friends.
- ✓ Using friendly language.
- ✓ Learning to use our words to express our needs.

### A Big Hello...

Aunties Elaine and Hannah have loved welcoming back some of our children and are so happy to meet some new faces too!

We are also welcoming two new members of staff.

Nursery Manager- Rebecca

Nursery Assistant- Laura.

We really look forward to having lots of fun together and doing lots of learning!



## What we have been up to this month

There have been a few changes in September. We have started Breakfast Club which runs between 7:30-9am where your child will be given breakfast and the opportunity to play with their friends. This costs £4 per 7:30-9am session, or if your child also attends school, your child can come to Breakfast Club here between 8:30-9 for £1.10, inline with how much the school charges for their club.

We have also been trying new food at snack time. The snack menu has been devised to offer your child something different each day, as well as giving them the opportunity to practice self-help skills such as eating whole pieces of fruit, using cutlery and cutting up food (such as cherry tomatoes). We will offer alternative options for children with dietary requirements, whether this is due to a medical condition or parental preference. Please see our new menus below.

<b>Breakfast Menu</b>	
<b>Food item</b>	<b>Allergen information</b>
Wholegrain toast with:	<b>Wheat, soya</b> May contain: Rye, Barley, Oats
Olive spread	<b>Buttermilk</b>
Reduced sugar Strawberry Jam	
Cereals are served with <b>semi-skimmed milk</b>	
Wheat bisks cereal	<b>Wheat, barley</b>
Rice Snaps cereal	<b>Barley</b>
Porridge	<b>Oats</b> May contain: Nuts, Sesame, Peanuts

<b>Snack Menu</b>		
	<b>Snack</b>	<b>Allergen Information</b>
<b>Monday</b>	A portion of fruit- apple, banana, pear or satsuma	
<b>Tuesday</b>	Cucumber and carrot sticks with sour cream and chive dip	<b>Dip: Milk, egg</b>
<b>Wednesday</b>	Rice cakes and cherry tomatoes	<b>Rice cakes: May contain soya</b>
<b>Thursday</b>	Natural yoghurt and sultanas	<b>Yoghurt: Milk</b>
<b>Friday</b>	Crumpet with olive spread	<b>Crumpet: Wheat</b> <b>Olive spread: buttermilk</b>

### What's Next?

In the coming months we will be introducing School Readiness activities, creating a Mud Kitchen in the garden as well as improving our enclosed woodland area so that the children can explore the world around them.

As a team, we are also all improving our use of Welsh and are beginning to implement it more with the children throughout the day. This is to aid with the transition to school, as well as ensuring we value the Welsh language and culture.