



SUN CARE POLICY

At Meithrinfa Sêr Môr Beaumaris we are committed to ensure that all children are fully protected from the dangers of too much sun/UV rays.

We follow guidance from the weather and UV level reports and use the following procedures to keep the children safe and healthy in the sun.

- Parents/Carers will be encouraged to apply sun cream to their child before attending Meithrinfa, and will be asked to confirm this during drop-off. They are also asked to provide their child with a bottle of sun cream to be applied throughout the day at regular intervals as required.
- Parents/Carers are asked to provide their child with a sun hat that is labelled with their name to be worn during the session.
- Children must wear a sun hat at all times whilst outside in sunny weather.
- Members of staff will read the instructions of the children's sun cream to find out how often it should be reapplied. For example, most sun cream should be reapplied every 2 hours and after being in water. The sun cream must be in date and have the child's name on it. The parent/carer must replace this when it runs out.
- If the child does not have sun cream with them, their parents/carers will be called to drop off a bottle before the child can access outdoor play.
- It is preferred that the child's sun cream stays at Meithrinfa to limit the chances of it being forgotten.
- Children will always have sun cream applied before going outside in the hot weather and at frequent intervals during the day.
- Children are made aware of the need for sun hats, sun cream and the need to drink more fluids during their time in the sun.
- Shade will be provided to ensure children are able to still access outdoor play in hot weather.
- Children are encouraged to drink cooled water more frequently throughout sunny or warm days and this will be accessible both indoors and out.
- We will allow the children to play outdoors if the UV rating is 5 or below. If necessary, the children will wear a sunhat and sun cream.
- If the UV rating is between 5 and 6, the children will be restricted to only play in shaded areas and outside of the peak UV hours of 11am-2pm. This is when the sun is at its strongest and most harmful.
- If the UV rating is 7 or above, the children will not access outdoor play at all until the UV rating falls.



- The UV rating will be checked at least twice per day during the Summer months and will be displayed on our front door and on the inside of the door we use to access the garden for reference.
- All members of staff are responsible for applying sun cream to the children during their sessions.
- Members of staff are responsible for the supply and application of their own sun cream throughout the day.

This Policy was adopted on	Signed on behalf of Meithrinfa Sêr Môr	Date for next Policy Review